Syphilis: A Clinical Case Presentation - Solutions and Learnings

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Chief Complaint

Diffuse, whole body rash and blisters

HPI

- 43 year-old female with a history of depression who presented to the ER with a diffuse erythematous rash for 2-3 months.
- Rash first started as "itchy bumps" on her back and has progressively spread to her chest, abdomen, upper extremities, face and genitals.
- Complains of intense pruritus and notes oozing and bleeding from some lesions when she scratches
- She was seen at an urgent care when the rash first started and was prescribed hydrocortisone cream and an antihistamine, but the rash became worse

Review of Systems

Positive: 21 lb weight loss over 2 months

- Negative:
 - Fevers
 - Chills
 - Joint pains
 - Animal exposures
 - New detergent/soaps/products
 - Known bug bites

Past Medical/Surgical History

- Past Medical History
 - Depression
- Past Surgical History
 - Partial hysterectomy

Social History

- From Bronx, NY USA
- Smokes cigarettes, 7 pack-year
- Does not drink alcohol
- Uses marijuana every 1-2 weeks, no IVDU
- Sexually active with 1 male partner with last sexual encounter 4 months prior to presentation. No longer in this relationship.
- Contraception: does not use any forms of protection
- Currently living alone

Family History

■ No history of Lupus or cancers

Medications/Allergies

- Medications:
 - Antihistamine as needed
 - Mineral oil-hydrophilic petrolatum ointment as needed
- Allergies:
 - Penicillin: develops a rash

Physical Examination

- Vitals: Temp 98.2 F, HR 72 bpm, BP 136/85, SpO2 100% on RA
- General: no acute distress
- HEENT: No oral mucosal lesions; Face with multiple erythematous/violaceus papules and nodules diffusely throughout face; nodules with resultant dysmorphia of right nose and lip
- Skin:
 - erythematous/violaceus patches, papules and nodules diffusely with excoriation and scale
 - palm with hyperpigmented patch
 - soles of feet spared
- Genitals: erythematous patches/plaques present

Skin:





Laboratory results

- Chemistry
 - Na 138
 - ► K 3.9
 - **■** CI 105
 - **■** CO₂ 23
 - BUN 6
 - **Cr** 0.66
 - **■** Gluc 97
- CBC:
 - WBC 6.3 (Neut 55%, Lymph 26%, Eos 9%)
 - Hb 11.8
 - ► Hct 37.0
 - ► Plt 391

- Liver function
 - Alk Phos 115
 - AST < 20
 - ALT < 10
 - Total Bili 0.2
 - Direct Bili < 0.2
 - Tot Prot 8.0

Other studies?

- Consider differential diagnoses:
 - Coxsackie (hand-foot-mouth)
 - HSV (erythema multiforme)
 - Rickettsia (Rocky Mountain Spotted Fever)
 - Syphilis
 - Drug eruption
 - HIV
 - Viral exanthum

Other studies

- HSV1 and 2 PCR negative
- VZV PCR not detected
- HIV negative

- Syphilis
 - IgG/IgM Ab positive
 - TP-PA positive
 - RPR non-reactive

Poll 1

- How would you interpret the Syphilis test in this patient?
 - A. History of syphilis (previously treated)
 - B. Long-standing untreated syphilis
 - C. Further testing needed

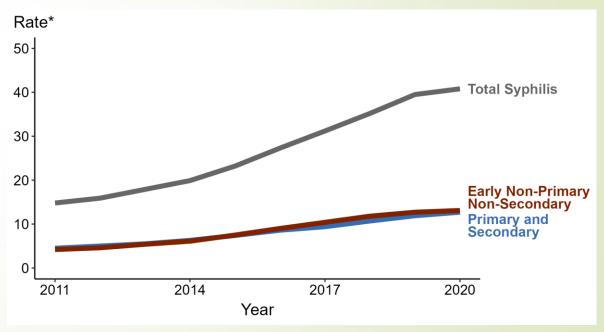
Poll 2

- If this is active syphilis, what stage of illness is this considered to be?
 - A. Primary
 - B. Secondary
 - C. Tertiary

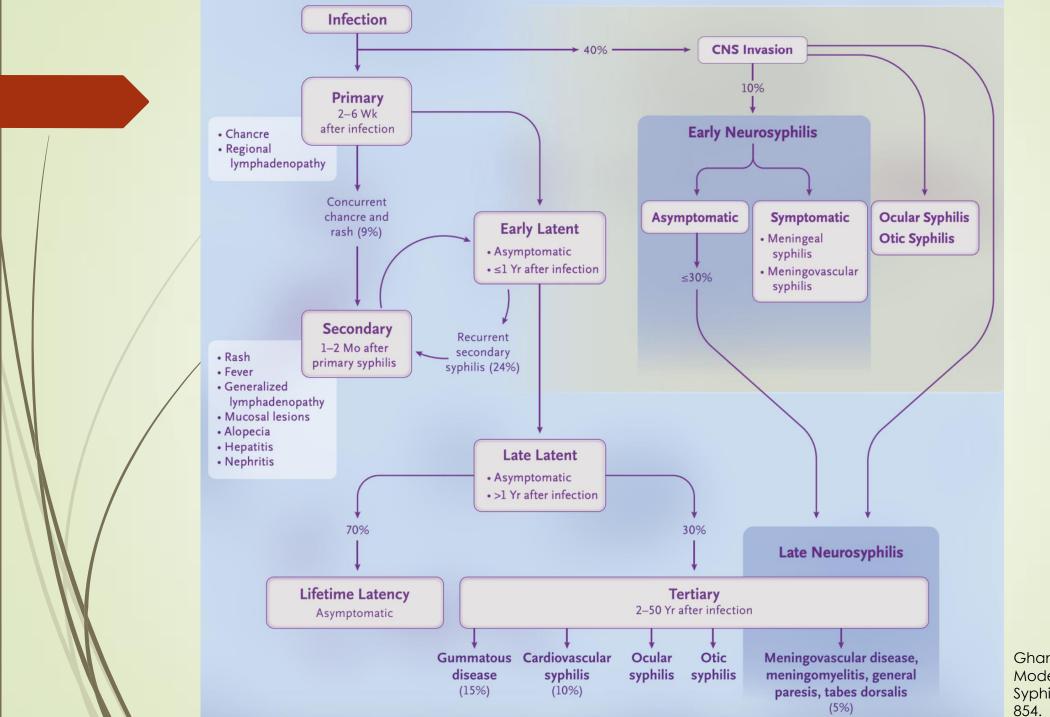
Syphilis

- Caused by the spirochete Treponema pallidum
- Globally
 - 7.1 million new cases in 2020
 - 1 million pregnant women with active syphilis in 2016,
 - > 350,000 adverse birth outcomes
 - 200,000 stillbirth or neonatal death.
- In 2020, the US had 133,945 new cases (all stages) with 41,655 being either primary or secondary syphilis
 - 6.8% increase since 2019
 - ► 53% in males

Syphilis — Rates of Reported Cases by Stage of Infection, United States, 2011–2020



Sexually transmitted infections. World Health Organization. https://www.who.int/news-room/fact-sheets/detail/sexually-transmitted-infections-(stis). Accessed 2022-05-29 STD Facts - Syphilis (Detailed). Centers for Disease Control and Prevention. https://www.cdc.gov/std/statistics/2020/overview.htm#Syphilis. Accessed 2022-05-29



Ghanem KG, Ram S, Rice PA. The Modern Epidemic of Syphilis. *NEJM*. 2020;382(9):845-854

Pathophysiology of Secondary Syphilis

- Due to hematogenous dissemination of the infection
- Immune response:
 - Humoral response
 - Cell-mediated response: CD4+ and CD8+ T cells, activated monocytes, macrophages, and dendritic cells
- Histopathology:
 - Interstitial inflammation, endothelial swelling, irregular acanthosis, elongated rete ridges, a vacuolar pattern with lymphocytic infiltration
- Microbiology:
 - Silver staining can detect spirochetes but have high rate of false negatives

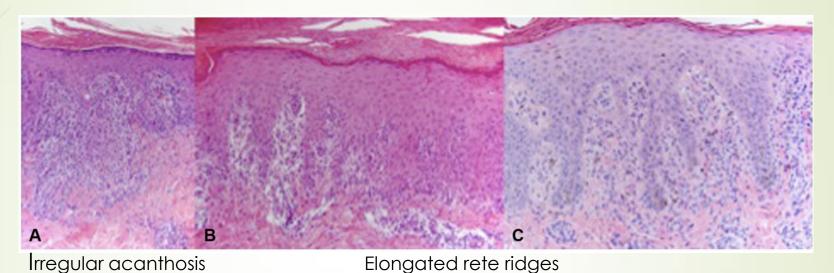
Flamm A, Parikh K, Xie Q, Kwon EJ, Elston DM. Histologic features of secondary syphilis: A multicenter retrospective review. J Am Acad Dermatol. 2015;73(6):1025-1030. doi:10.1016/j.jaad.2015.08.062

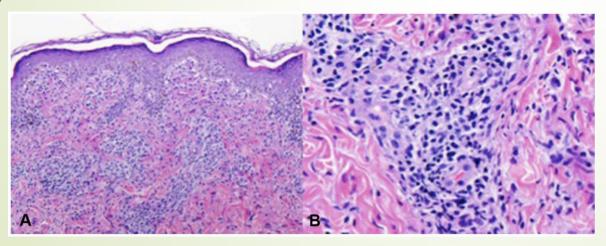
Peeling RW, Hook EW 3rd. The pathogenesis of syphilis: the Great Mimicker, revisited. J Pathol. 2006;208(2):224-232. doi:10.1002/path.1903

CDC: https://phil.cdc.gov/Details.aspx?pid=836

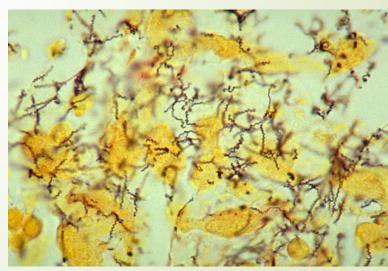
Flamm A, Parikh K, Xie Q, Kwon EJ, Elston DM. Histologic features of secondary syphilis: A multicenter retrospective review. J Am Acad Dermatol. 2015;73(6):1025-1030.

Lesion biopsy





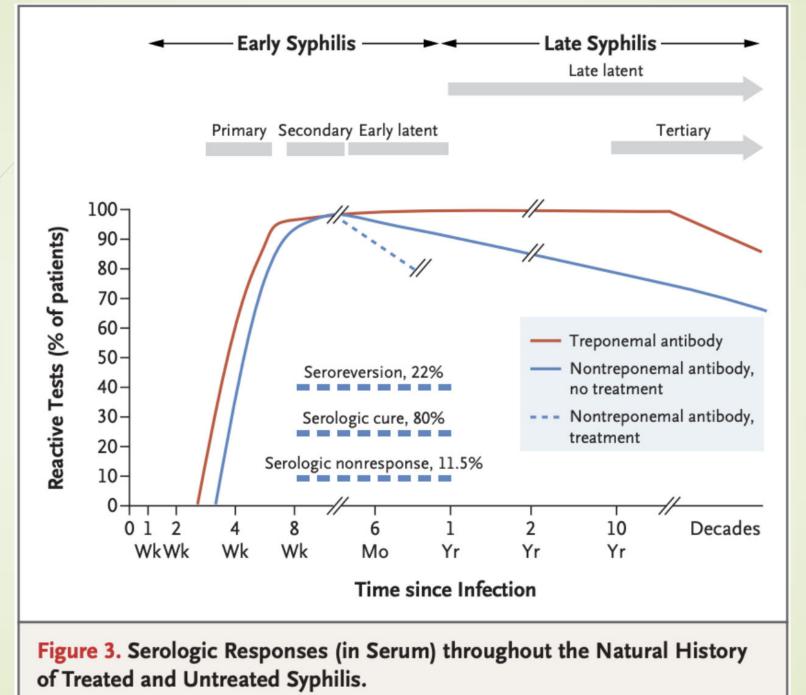
Endothelial swelling, inflammatory pattern



Silver staining showing T palidum

Diagnostics

- Serology:
 - Treponemal tests
 - Fluorescent treponemal antibody absorption (FTA-ABS)
 - T. pallidum particle agglutination assay (TPPA)
 - T. pallidum enzyme immunoassay (TP-EIA)
 - Non-treponemal tests
 - Rapid plasma regain (RPR)
 - Venereal Disease Research Laboratory (VDRL)
- Direct method:
 - Darkfield microscopy



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Table 1. Traditional and Reverse-Sequence Algorithms for Serologic Testing.*

Algorithm	NTT	π	Confirmatory TT†	Interpretation;:
Traditional	Nonreactive			No serologic evidence of syphilis (most likely) Early primary syphilis (extremely recent infection cannot be ruled out) Treated or long-standing untreated syphilis
Traditional	Reactive	Nonreactive		Biologic false positive NTT§
Traditional and reverse-sequence	Reactive	Reactive		Untreated syphilis (likely) Treated syphilis (likely) Endemic treponematoses
Reverse-sequence	Nonreactive	Reactive	Nonreactive	Biologic false positive TT¶
Reverse-sequence	Nonreactive	Reactive	Reactive	Treated syphilis (most likely) Long-standing untreated syphilis Early primary syphilis (before NTT has turned positive) Prozone reaction (more common with VDRL test than with RPR test)
Reverse-sequence		Nonreactive		No serologic evidence of syphilis (most likely) Early primary syphilis (extremely recent infection cannot be ruled out) Long-standing treated syphilis if TT shows seroreversion

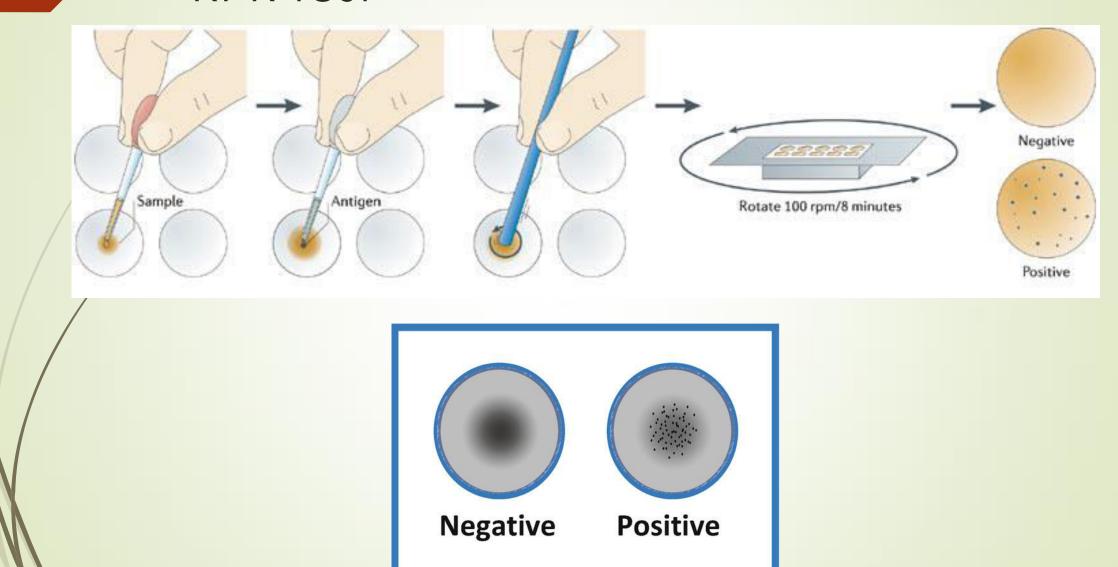
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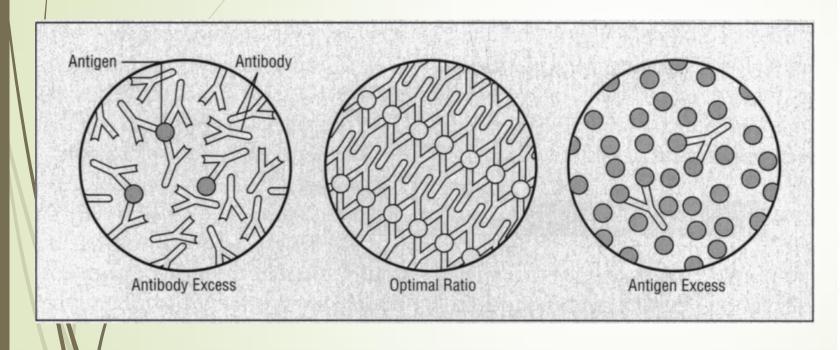
Prozone phenomenon

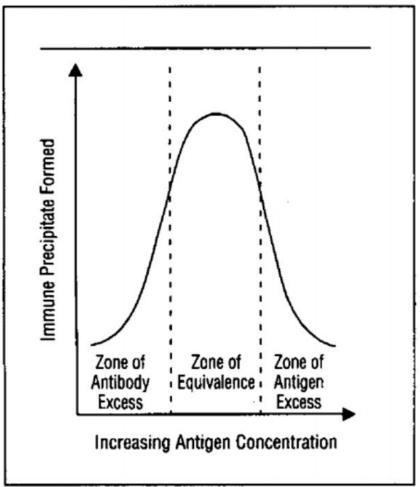
- First described by Lewis Thomas for meningococcus in rabbits in 1941
- False negative response secondary to high antibody titer which interferes with formation of antigen-antibody lattice formation that is necessary for visualizing a positive flocculation test.

RPR test



Prozone phenomenon





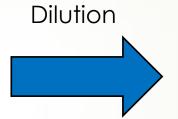
Prozone phenomenon

- Incidence: 0.2-2% of syphilis cases
- Associated factors:
 - Pregnancy
 - ► HIV co-infection
 - Phase of syphilis: primary, secondary, neurosyphilis
- Detecting the phenomenon:
 - Dilute antibody sample to 1:16 to obtain optimal concentration

Li-Li Liu, L et al. Incidence and Risk Factors for the Prozone Phenomenon in Serologic Testing for Syphilis in a Large Cohort. Clinical Infectious Diseases, Volume 59, Issue 3, 1 August 2014, Pages 384–389, https://doi.org/10.1093/cid/ciu325

Back to our patient

RPR non-reactive



RPR 1:128

Treatment

- Early syphilis (primary, secondary, and early latent)
 - Penicilin G benzathine 2.4 million units IM once
- Late syphilis (tertiary, late latent)
 - Penicillin G benzathine 2.4 million units IM once weekly for three weeks
- Neurosyphilis
 - Aqueous penicillin G 3 to 4 million units IV every four hours (or 18 to 24 million units continuous IV infusion) for 10 to 14 days
 - OR Penicillin G procaine 2.4 million units IM daily plus probenecid 500 mg orally four times daily, both for 10 to 14 days

Treatment in patients with PCN allergy

- Recommended: Penicillin-desensitization
 - Especially in neurosyphilis, congenital syphilis, and syphilis in pregnant women
 - Procedure: skin test, graded-challenge
- Other options
 - Doxycycline 100mg bid x 14 days (1°, 2°, early latent) or 28 days (3° or late latent)
 - Tetracycline 500mg qid x 14 days (1°, 2°, early latent)
 - Ceftriaxone 1-2g daily IV/IM x 10-14 days
 - Azithromycin 2g PO x 1 (issues with resistance and treatment failures)

Ghanem KG, Ram S, Rice PA. The Modern Epidemic of Syphilis. *NEJM*. 2020;382(9):845-854. doi:10.1056/NEJMra1901593 Management of Persons Who Have a History of Penicillin Allergy - 2015 STD Treatment Guidelines. https://www.cdc.gov/std/tg2015/pen-allergy.htm. Accessed 2020-9-11

Follow-up/Monitoring

- Clinically
 - Early stages: resolution of illness
 - Late stage: significant change in symptoms is unlikely
- Jarisch-Herxheimer reaction
 - Within first 24hrs of treatment
 - Symptoms: fever and systemic symptoms (headache, myalgias, rigors, diaphoresis, hypotension, and worsening of rash)
 - Symptomatic treatment: NSAIDS or antipyretics
- Follow up serology: should see decline in RPR and VDRL titers

Our patient

- Underwent successful graded challenge with amoxicillin
- Treated with penicillin G benzathine 2.4 million units x 1 for secondary syphilis
- Repeat RPR 1 month later 1:32, improving lesions

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